

**WHAT IS CLAIMED IS:**

1. A sustained release composite comprising a three-dimensional piece of calcium silicate having a xontolite structure and which includes fibers of textile glass and borosilicate glass, and an active agent.

2. The composite according to claim 1 wherein the calcium silicate contains about 0.5% wood pulp fibers, from about 0.5% to about 1% textile grade glass fibers, and about 1% bentonite clay.

3. The composite according to claim 1 wherein the active agent is a fire starting agent.

4. The composite according to claim 3 wherein the fire starting agent is selected from the group consisting of candle wax mineral spirits propyleneglycol and mixtures thereof.

5. The composite according to claim 1 wherein the active agent is a fragrance.

6. The composite according to claim 1 wherein the active agent is animal scent.

7. The composite according to claim 1 wherein the active agent is an insect repellant.

8. The composite according to claim 1 wherein the composite is packaged in material that maintains the active agent in the composite until the package is opened.

9. The composite according to claim 8 wherein the cylindrical container has a snap on top.

10. The composite according to claim 9 wherein the cylindrical container has a snap on top.

11. A method for forming a fire starter comprising impregnating a block comprising a three-dimensional piece of calcium silicate having a xontolite structure and in which are fibers of textile glass and borosilicate glass with a fire starting material.

12. The method according to claim 11 wherein the calcium silicate contains about 0.5% wood pulp fiber, from about 0.5% to about 1% textile grade glass fibers and about 1% bentonite clay.